

**A B I G A I L K I R S C H**

**AT THE LOADING DOCK**

## **CORPORATE FULL DAY MEETING SAMPLE MENU**

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### **CONTINENTAL BREAKFAST**

BASKETS OF HOUSE-MADE BREAKFAST BREADS  
served with sweet butter, preserves & cream cheese

MUFFINS morning glory  
COFFEE CAKE chocolate crumb  
GLUTEN-FREE HEALTH BARS oats, fruit & nuts  
FLAKY PASTRY TUILE raspberry almond frangipane  
BREAKFAST BREAD PUDDING lemon blueberry streusel

MINIATURE BAGELS

STRAWBERRIES & PINEAPPLE

freshly squeezed orange juice  
signature blend coffee, decaffeinated coffee & assorted teas

THE "MID MORNING" REFRESHMENT BREAK

SWEET PASTRY STRAWS  
dried apricots pistachio & cinnamon currant

PARFAITS  
layering yogurt, berries & granola

BREAKFAST BREADS  
muffins, coffee cake, health bars

SEASONAL WHOLE FRUIT

signature blend regular & decaffeinated coffee, assorted teas, fruit juices, soft drinks & mineral waters

### **THE "AFTERNOON" REFRESHMENT BREAK**

VEGGIE, CHIPS & DIPS  
baby carrots, cucumbers & peppers  
cumin pita crisps, seeded flat breads & poppadoms  
guacamole, tomato basil bruschetta & smoked paprika white bean hummus

SAVORY SNACKS  
flax seed crackers  
parmesan sage popcorn  
coco-licious candied peanuts

SWEET TREATS  
coconut macaroons  
salted caramel brownie bites  
chocolate cherry chunk cookies

signature blend regular & decaffeinated coffee, assorted teas, soft drinks & mineral waters

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## **CORPORATE FULL DAY MEETING SAMPLE MENU CONT'D**

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### **STARTER**

#### **TOMATO BASIL HAND PIE**

baked with goat cheese & topped with balsamic tomato salad  
seasonal greens, grilled fennel, zucchini, pine nuts, cocoa nips

ARTISANAL BREADS

### **ENTREE**

#### **MEDITERRANEAN PAN SEARED HALIBUT**

braised fennel, caramelized onion relish & tomato confit celery  
root apple puree, preserved lemon gastrique

### **DESSERT**

#### **CRISP-IN-A-JAR a la MODE**

*crisps baked in individual mason jars*  
SPICED APPLE cranberry sorbet & vanilla ice cream bar

COFFEE & TEA SERVICE