

A B I G A I L K I R S C H

AT THE LOADING DOCK

FULL DAY MEETING/CONFERENCE SAMPLE MENU

CONTINENTAL BREAKFAST

BASKETS OF HOUSE-MADE BREAKFAST BREADS
served with sweet butter, preserves & cream cheese

MUFFINS morning glory
COFFEE CAKE chocolate crumb
GLUTEN-FREE HEALTH BARS oats, fruit & nuts
FLAKY PASTRY TUILE raspberry almond frangipane
BREAKFAST BREAD PUDDING lemon blueberry streusel

MINIATURE BAGELS

STRAWBERRIES & PINEAPPLE

freshly squeezed orange juice
signature blend coffee, decaffeinated coffee & assorted teas

THE "MID MORNING" REFRESHMENT BREAK

SWEET PASTRY STRAWS
dried apricots pistachio & cinnamon currant

PARFAITS
layering yogurt, berries & granola

BREAKFAST BREADS
muffins, coffee cake, health bars

SEASONAL WHOLE FRUIT

signature blend regular & decaffeinated coffee, assorted teas, fruit juices, soft drinks & mineral waters

THE "AFTERNOON" REFRESHMENT BREAK

VEGGIE, CHIPS & DIPS
baby carrots, cucumbers & peppers
cumin pita crisps, seeded flat breads & poppadoms
guacamole, tomato basil bruschetta & smoked paprika white bean hummus

SAVORY SNACKS
flax seed crackers
parmesan sage popcorn
coco-licious candied peanuts

SWEET TREATS
coconut macaroons
salted caramel brownie bites
chocolate cherry chunk cookies

signature blend regular & decaffeinated coffee, assorted teas, soft drinks & mineral waters

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CORPORATE FULL DAY MEETING SAMPLE MENU CONT'D

STARTER

TOMATO BASIL HAND PIE

baked with goat cheese & topped with balsamic tomato salad
seasonal greens, grilled fennel, zucchini, pine nuts, cocoa nips

ARTISANAL BREADS

ENTREE

MEDITERRANEAN PAN SEARED HALIBUT

braised fennel, caramelized onion relish & tomato confit celery
root apple puree, preserved lemon gastrique

DESSERT

CRISP-IN-A-JAR a la MODE

crisps baked in individual mason jars

SPICED APPLE cranberry sorbet & vanilla ice cream bar

COFFEE & TEA SERVICE